

2024 MSHSL SECTION 5A T & F BOYS

May 29th at St. John's University

Team Scores:

1.	Howard Lake-Waverly-Winsted	100.5
2.	Litchfield	89.5
3.	St. Cloud Cathedral	60
4.	Eden Valley-Watkins/Kimball	59
5.	Holdingford/Upsala	58.5
6.	Upsala/Swanville	53
7.	Maple Lake	43
8.	Pierz	40
9.	Pine City	39
10.	Mora	34
11.	Melrose Area	32
12.	Rush City	17
13.	St. John's Prep	14
14.	Royalton	12
15.	Hinckley-Finlayson	10
16.	Northwest Nighthawks	9
17.	Braham	8.5
18.	Belgrade-Brooten-Elrosa	7
19.	East Central	6
20.	St. Cloud Christian	5
21.	Atwater-Cosmos-Grove City	4

15	Mason Bengston Holdingford	12.19a	0.5
16	Preston Kascht Paynesville	12.25a	0.5

Boys Varsity 200 Meters Finals

Athlete Yr Team Mark Wind

1	Blake Newiger	St. Cloud Cathedral	23.08a	-2.2
2	Lukas Kuehl	Litchfield	23.42a	-2.2
3	Bruce Burau	Howard Lake-Waverly-Win	23.63a	-2.2
4	Aiden Jones	Pierz	23.74a	-2.2
5	Jeffrey Hall	Holdingford	23.88a	-2.2
6	Zack Workman	Hinckley-Finlayson	24.13a	-1.5
7	Nate Tiller	Litchfield	24.19a	-1.5
8	Paul Nieman	Pierz	24.25a	-1.5
9	Kendall Jaenicke	Melrose Area	24.31a	-2.2
10	Kayden Mullings	St. Cloud Cathedral	24.40a	-1.5
11	Nolan Mertens	Eden Valley-Watkins/Kim	24.45a	-1.5
12	Ryan Gysberg	Melrose Area	24.64a	-1.5
13	Chanse Clark	East Central	25.04a	-1.5
14	Aiden Marin	St. Cloud Cathedral	25.09a	-2.2
15	Ted Anderson	Mora	25.45a	-1.5

Boys Varsity 100 Meters Finals

Athlete Yr Team Mark Wind

1	Cam Jones	Howard Lake-Waverly-Win	11.26a	0.0
2	Bruce Burau	Howard Lake-Waverly-Win	11.26a	0.0
3	Kingsley Okoro	Maple Lake	11.32a	0.0
4	Jack McCann	Litchfield	11.53a	0.0
5	Aiden Jones	Pierz	11.61a	0.0
6	Kameron Hiltner	Belgrade-Brooten-Elrosa	11.80a	0.0
7	Kendall Jaenicke	Melrose Area	11.90a	0.0
8	Zack Workman	Hinckley-Finlayson	11.96a	0.0

Boys Varsity 100 Meters Prelims

Athlete Yr Team Mark Wind

1	Bruce Burau	Howard Lake-Waverly-Win	11.29a	0.0
3	Jack McCann	Litchfield	11.44a	0.0
2	Cam Jones	Howard Lake-Waverly-Win	11.50a	0.5
4	Kingsley Okoro	Maple Lake	11.54a	0.5
5	Aiden Jones	Pierz	11.64a	0.0
6	Kameron Hiltner	Belgrade-Brooten-Elrosa	11.76a	0.5
7	Kendall Jaenicke	Melrose Area	11.82a	0.0
8	Zack Workman	Hinckley-Finlayson	11.84a	0.5
9	Kyle Stangl	Pierz	11.85a	0.0
10	Bryce Lyrek	Eden Valley-Watkins/Kim	11.92a	0.0
11	Carson Popp	Royalton	12.03a	0.5
12	Zack Rudolph	Royalton	12.04a	0.5
13	Jamison Wood	Rush City	12.09a	0.0
14	Brody Hooper	Eden Valley-Watkins/Kim	12.11a	0.0

Boys Varsity 400 Meters Finals

Athlete Yr Team Mark Wind

1	Cam Jones	Howard Lake-Waverly-Win	50.75a
2	Dawson Hofer	Holdingford	50.87a
3	Garrison Jackman	Litchfield	51.44a
4	Aidan Pellett	Holdingford	51.56a
5	Owen Anderson	St. Cloud Cathedral	51.90a
6	Cole Hwang	St. Cloud Cathedral	51.96a
7	Casey Struthers	Atwater-Cosmos-Grove Ci	52.55a
8	Anthony Bergeron	Pine City	53.12a
9	Tyler Foss	Pierz	53.47a
10	Drystin Greene	Howard Lake-Waverly-Win	53.92a
11	Josh Walstrom	Belgrade-Brooten-Elrosa	54.39a
12	Tanner Doble	Braham	54.43a
13	Rudy Gatzke	Pine City	54.50a
14	Chanse Clark	East Central	54.60a
15	Chaz Psyck	Royalton	54.78a
16	Tyler Charboneau	Eden Valley-Watkins/Kim	54.85a

Boys Varsity 800 Meters Finals

Athlete Yr Team Mark Wind

1	Joseph Guthrie	Upsala/Swanville	1:59.31a
2	Xander Chvatal	Litchfield	2:01.07a
3	Carter Gross	Holdingford	2:02.20a
4	Weston Clementson	Pine City	2:03.93a
5	Alex Williams	Mora	2:04.84a
6	Brayden Ertz	Rush City	2:05.54a

- 7 Andrew Uy St. Cloud Cathedral 2:06.00a
- 8 Noah Perowitz Holdingford 2:07.21a
- 9 Braxton Peetz Pine City 2:07.58a
- 10 Jimmy Jensen Upsala/Swanville 2:08.38a
- 11 Sawyer McDaniel Pine City 2:08.50a
- 12 Liam Scanlon St. Cloud Cathedral 2:09.46a
- 13 Eli Psyck Royalton 2:09.46a
- 14 Hunter Bush Howard Lake-Waverly-Win 2:09.83a
- 15 Ethan Knudsen Litchfield 2:16.03a
- 16 Will Vix St. John's Prep 2:32.43a

- 2 Gavin Sales Holdingford 15.98a -1.7
- 3 Jaxon Knott Howard Lake-Waverly-Win 17.44a -1.7
- 4 Landin Brezinka Pierz 17.53a -1.7
- 5 Ray Gatzke Pine City 17.69a -1.7
- 6 Kaleb Poser Pierz 17.85a -1.7
- 7 Grant Krattenmaker Holdingford 18.37a -1.7
- 8 Jacob Elwell Litchfield 18.63a -1.7

Boys Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Henry Lemke Eden Valley-Watkins/Kim 4:29.34a
- 2 Connor Hanson St. Cloud Cathedral 4:33.27a
- 3 Nick Lind Maple Lake 4:39.40a
- 4 Wyatt Betsinger Pierz 4:41.58a
- 5 Charlie Ausmus Pine City 4:47.17a
- 6 Taylor Nelson Belgrade-Brooten-Elrosa 4:53.39a
- 7 Logan Rue Melrose Area 4:56.40a
- 8 August Swenson Litchfield 4:57.81a
- 9 Matthew Tschida Upsala/Swanville 4:58.30a
- 10 Nathan Young Holdingford 4:58.33a
- 11 Wyatt Gerads Royalton 4:59.20a
- 12 Shaun Mahr Northwest Nighthawks 4:59.63a
- 13 Talon Baker Ogilvie 5:00.65a
- 14 Eli Fromm Pine City 5:03.05a
- 15 Ray Ovick Pine City 5:03.91a
- 16 Connor Laurmann Eden Valley-Watkins/Kim 5:12.07a

Boys Varsity 110m Hurdles Prelims

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Athlete Yr Team Mark Wind

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- 1 Hayden Brown Howard Lake-Waverly-Win 15.63a -1.4
- 2 Gavin Sales Holdingford 16.00a 1.0
- 3 Jaxon Knott Howard Lake-Waverly-Win 16.72a 1.0
- 5 Ray Gatzke Pine City 17.42a 1.0
- 7 Jacob Elwell Litchfield 17.68a 1.0
- 4 Kaleb Poser Pierz 17.70a -1.4
- 6 Landin Brezinka Pierz 17.72a -1.4
- 8 Grant Krattenmaker Holdingford 17.92a 1.0
- 9 Liam Peterman Northwest Nighthawks 18.23a 1.0
- 10 Gabe Delaney Hinckley-Finlayson 18.42a -1.4
- 11 Lucas Kunstleben Pierz 18.57a -1.4
- 12 Nolan Murphy Howard Lake-Waverly-Win 18.99a 1.0
- 13 Gus Riviere Maple Lake 19.23a -1.4
- 14 Kieran Tvedt Hinckley-Finlayson 19.74a -1.4
- 15 Grant Larson Northwest Nighthawks 19.74a 1.0
- 16 Daniel Heuring Eden Valley-Watkins/Kim 19.84a -1.4

Boys Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Henry Lemke Eden Valley-Watkins/Kim 9:57.04a
- 2 Nick Hansen St. John's Prep 10:11.83a
- 3 Nick Lind Maple Lake 10:20.51a
- 4 Hunter Rademacher St. Cloud Christian 10:20.89a
- 5 Quinn Guthrie Upsala/Swanville 10:23.75a
- 6 Charlie Gundale Northwest Nighthawks 10:28.10a
- 7 Dawson Smart Mora 10:46.23a
- 8 Taylor Nelson Belgrade-Brooten-Elrosa 10:52.16a
- 9 Nathan Tax Pierz 10:55.88a
- 10 Gabriel Michels Howard Lake-Waverly-Win 10:58.18a
- 11 Spencer McAlpine Northwest Nighthawks 11:01.01a
- 12 Lane McIntyre St. John's Prep 11:06.92a
- 13 Carson Rolph St. Cloud Cathedral 11:14.34a
- 14 Owen Klisch Holdingford 11:17.57a
- 15 Aksel Olson Mora 11:46.96a
- 16 Connor Hanson St. Cloud Cathedral 12:02.63a

Boys Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Hayden Brown Howard Lake-Waverly-Win 41.20a
- 2 Alan Haglin Maple Lake 41.50a
- 3 Ray Gatzke Pine City 43.69a
- 4 Memphys Campbell Braham 43.88a
- 5 Cole Schwarzbauer Mora 44.24a
- 6 Grant Krattenmaker Holdingford 44.33a
- 7 Kaleb Poser Pierz 44.68a
- 8 Jaxon Knott Howard Lake-Waverly-Win 45.42a
- 9 Gabe Delaney Hinckley-Finlayson 45.46a
- 10 William Ballard Eden Valley-Watkins/Kim 46.00a
- 11 Daniel Heuring Eden Valley-Watkins/Kim 46.51a
- 12 Andrue Stalboerger Melrose Area 46.65a
- 13 Kieran Tvedt Hinckley-Finlayson 46.79a
- 14 Liam Peterman Northwest Nighthawks 48.79a
- Gavin Sales Holdingford DQ

Boys Varsity 110m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Hayden Brown Howard Lake-Waverly-Win 15.34a -1.7

Boys Varsity 4x100m Relay Finals

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Team Time

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- 1 Howard Lake-Waverly-Winsted 43.59a
- 1) Hayden Brown 2) Bruce Burau
- 3) Timmy Webber 4) Cam Jones
- 2 Eden Valley-Watkins/Kimball 44.80a
- 1) Owen Mortenson 2) Bryce Lyrek

- 3) Parker Schultz 4) William Ballard
- 3 St. Cloud Cathedral 44.98a
- 1) Aiden Marin 2) Kayden Mullings
- 3) Michael Phan 4) Blake Newiger
- 4 Maple Lake 46.51a
- 1) Kingsley Okoro 2) Jonathon Carl
- 3) Gus Riviere 4) Luke Goelz
- 5 Rush City 46.77a
- 1) Urijah Stich 2) Jamison Wood
- 3) Joseph Kao 4) Owen Dick
- 6 Hinckley-Finlayson 47.57a
- 1) Sean Delaney 2) Ben Gray
- 3) Zack Workman 4) Isaac Westrum
- 7 Mora 47.88a
- 1) Levi Doughty 2) Daler Nazarov
- 3) Ted Anderson 4) Lars Brockmueller
- Holdingford DNF
- 1) Mason Bengston 2) Jeffrey Hall
- 3) Brandon Hall 4) Broden Gustafson

- 3) Michael Phan 4) Owen Anderson
- 3 St. John's Prep 3:32.11a
- 1) Henry Buehrer 2) Aaron Ruesink
- 3) Will Vix 4) Nick Hansen
- 4 Pine City 3:38.59a
- 1) Rudy Gatzke 2) Eli Fromm
- 3) Weston Clementson 4) Anthony Bergeron
- 5 Eden Valley-Watkins/Kimball 3:44.67a
- 1) Owen Mortenson 2) Broden Thielen
- 3) Tyler Charboneau 4) Sonnie DeHeer
- 6 Royalton 3:46.07a
- 1) Chaz Psyck 2) Jordan Hawkins
- 3) Luis Zamora-Ordaz 4) Eli Psyck
- 7 Maple Lake 3:50.52a
- 1) Hans Peterson 2) Jacob England
- 3) Alan Haglin 4) Nick Lind
- 8 Howard Lake-Waverly-Winsted 3:53.30a
- 1) Carson Wendler 2) Joey Zemlicka
- 3) Dylan Forcier 4) Liam Christopherson

Boys Varsity 4x200m Relay Finals

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Team Time

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- 1 St. Cloud Cathedral 1:31.24a
- 1) Blake Newiger 2) Cole Hwang
- 3) Aiden Marin 4) Owen Anderson
- 2 Holdingford 1:31.54a
- 1) Garrett Frink 2) Jeffrey Hall
- 3) Brandon Hall 4) Dawson Hofer
- 3 Litchfield 1:32.34a
- 1) Jack McCann 2) Garrison Jackman
- 3) Ty Penk 4) Lukas Kuehl
- 4 Eden Valley-Watkins/Kimball 1:33.23a
- 1) Bryce Lyrek 2) Owen Mortenson
- 3) Parker Schultz 4) Broden Thielen
- 5 Pierz 1:35.09a
- 1) Brayden Foust 2) Logan Gross
- 3) Kyle Stangl 4) Paul Nieman
- 6 Howard Lake-Waverly-Winsted 1:36.02a
- 1) Liam Christopherson 2) Hunter Bush
- 3) Drystin Greene 4) Timmy Webber
- 7 Mora 1:37.07a
- 1) Ted Anderson 2) Lars Brockmueller
- 3) Jude Houglum 4) Cole Schwarzbauer
- 8 Pine City 1:37.19a
- 1) Daimien Lord 2) Anthony Bergeron
- 3) Rudy Gatzke 4) Sawyer McDaniel

Boys Varsity 4x800m Relay Finals

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Team Time

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- 1 Pine City 8:16.54a
- 1) Eli Fromm 2) Weston Clementson
- 3) Braxton Peetz 4) Charlie Ausmus
- 2 Litchfield 8:29.27a
- 1) Xander Chvatal 2) August Swenson
- 3) Ethan Knudsen 4) Ayden Cziok
- 3 Northwest Nighthawks 8:44.73a
- 1) Shaun Mahr 2) Clayton Tiemann
- 3) Noah Winters 4) Charlie Gundale
- 4 Mora 8:50.70a
- 1) Jonah Jacobson 2) Chase Axtell
- 3) Dawson Smart 4) Alex Williams
- 5 Royalton 8:52.12a
- 1) Cole Hofstad 2) Wyatt Gerads
- 3) Cody Bieniek 4) Eli Psyck
- 6 Eden Valley-Watkins/Kimball 8:54.96a
- 1) Broden Thielen 2) Gavin Arens
- 3) Tyler Charboneau 4) Sonnie DeHeer
- 7 Atwater-Cosmos-Grove City 8:57.90a
- 1) Casey Struthers 2) Jaxon Listerud
- 3) Cooper Overson 4) Elijah Groshens
- 8 Howard Lake-Waverly-Winsted 8:59.08a
- 1) Carson Wendler 2) Jackson Eldred
- 3) Gabriel Michels 4) Carson Remer

Boys Varsity 4x400m Relay Finals

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Team Time

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- 1 Holdingford 3:27.48a
- 1) Garrett Frink 2) Carter Gross
- 3) Aidan Pellett 4) Dawson Hofer
- 2 St. Cloud Cathedral 3:31.97a
- 1) Andrew Uy 2) Cole Hwang

Boys Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 TJ Christensen Litchfield 56-4
- 2 Devin McClanahan Mora 49-6.5
- 3 Jacob Dietel Litchfield 49-4.5
- 4 Noah Stommes Eden Valley-Watkins/Kimb 49-3
- 5 Noah Dietel Litchfield 45-9

- 6 Jace Preston Pine City 45-1
- 7 Wyatt Dingmann Pierz 44-9.5
- 8 Carter Courtright Maple Lake 44-4.5
- 9 Austin Pawlu Pierz 44-1
- 10 Curtis Maegi Mora 42-8.5
- 11 Dylan Smith Ogilvie 41-10.75
- 12 Porter Kuechle Eden Valley-Watkins/Kimb 40-9
- 13 Josh Bergfalk Rush City 40-3
- 14 Trevor Hazelton Pine City 40-2.5
- 15 Isaac Brindamour Hinckley-Finlayson 35-0.25

- 1 Owen Dick Rush City 12-10
- 2 Andrue Stalboerger Melrose Area 12-10
- 3 Blake Fleege St. Cloud Cathedral 11-10
- 4 Caleb Koch Pierz 11-10
- 5 Porter Matheson Howard Lake-Waverly-Wins 11-4
- 5 Broden Gustafson Holdingford 11-4
- 7 Grant Eveslage Melrose Area 11-4
- 8 Hector Medina Howard Lake-Waverly-Wins 11-4
- 9 Daimien Lord Pine City 10-4
- 10 Tanner Doble Braham 10-4
- 11 Aksel Olson Mora 10-4
- 12 Isaiah Karels Howard Lake-Waverly-Wins 9-10
- 13 Cameron Martini Holdingford 9-4
- 13 Aydin Bridges Hinckley-Finlayson 9-4
- 13 Micah Morrison Atwater-Cosmos-Grove Cit 9-4
- 13 Garrett Seelen Pierz 9-4

Boys Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 TJ Christensen Litchfield 184-8
- 2 Nicholas Guthrie Upsala/Swanville 151-8
- 3 Noah Stommes Eden Valley-Watkins/Kimb 149-4
- 4 Devin McClanahan Mora 147-6
- 5 Jacob Dietel Litchfield 143-9
- 6 Carter Courtright Maple Lake 141-5
- 7 Noah Dietel Litchfield 140-8
- 8 Wyatt Brezinka Pierz 134-1
- 9 Caleb Krattenmaker Holdingford 133-7
- 10 Brycen Lotz Braham 126-11
- 11 Dylan Stangler Melrose Area 124-9
- 12 Wyatt Dingmann Pierz 123-2
- 13 Holden Williams Hinckley-Finlayson 116-0
- 14 Lucas Kunstleben Pierz 115-6
- 15 Aidan Cruz Howard Lake-Waverly-Wins 113-9
- 16 Bryson Fulton Hinckley-Finlayson 106-9

Boys Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Joseph Guthrie Upsala/Swanville 20-11.5 1.1
- 2 Bruce Burau Howard Lake-Waverly-Wins 20-7 0.3
- 3 Kingsley Okoro Maple Lake 20-7 -0.3
- 4 Parker Schultz Eden Valley-Watkins/Kimb 20-4 -1.7
- 5 Kendall Jaenicke Melrose Area 20-3.25 -0.2
- 6 Jed Spaulding Eden Valley-Watkins/Kimb 20-2.5 -0.8
- 7 Paul Nieman Pierz 20-0 -0.6
- 8 Ben Gray Hinckley-Finlayson 19-9 0.1
- 9 Nick Nelson Litchfield 19-6.5 -0.2
- 10 Blake Newiger St. Cloud Cathedral 19-6.5 -0.8
- 11 William Ballard Eden Valley-Watkins/Kimb 19-5 1.1
- 12 Anthony Bergeron Pine City 19-4.5 -0.6
- 13 Kameron Hiltner Belgrade-Brooten-Elrosa 19-4 0.7
- 14 Michael Phan St. Cloud Cathedral 18-4.75 -0.4
- 15 Anthony Taylor Litchfield 18-1.75 -0.4
- 16 Zack Rudolph Royalton 17-2.25 -1.5

Boys Varsity High Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Joseph Guthrie Upsala/Swanville 6-2
- 2 Timmy Webber Howard Lake-Waverly-Wins 6-2
- 3 Ramsey Keranen East Central 6-0
- 4 Nick Nelson Litchfield 6-0
- 5 Durant Lara Litchfield 5-10
- 5 Skyler Belsheim Braham 5-10
- 7 Willy McCallum Mora 5-10
- 8 Paul Nieman Pierz 5-8
- 9 Parker Schultz Eden Valley-Watkins/Kimb 5-8
- 10 Max Vannurden Royalton 5-8
- 11 Cole Schwarzbauer Mora 5-8
- 12 Caleb Guthrie Upsala/Swanville 5-8
- 13 Jacob Dixon East Central 5-6
- 14 Lucas Gerads Upsala/Swanville 5-6
- 15 Sullivan Stumler Melrose Area 5-6
- Lars Brockmueller Mora NM
- Carter Gross Holdingford NM

Boys Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Joseph Guthrie Upsala/Swanville 42-10 -0.3
- 2 Daniel Mueller Melrose Area 41-8
- 3 Kendall Jaenicke Melrose Area 39-10 -1.2
- 4 Max Vannurden Royalton 39-9.25 -0.3
- 5 Timmy Webber Howard Lake-Waverly-Wins 39-4.75 -0.8
- 6 Michael Phan St. Cloud Cathedral 39-2 -0.4
- 7 Isaac Westrum Hinckley-Finlayson 39-1.5 -1.4
- 8 Nicholas Guthrie Upsala/Swanville 38-4.75 -2.3
- 9 Broden Thielen Eden Valley-Watkins/Kimb 38-4.5 -1.0
- 10 Owen Mortenson Eden Valley-Watkins/Kimb 37-8.5 -8.3
- 11 Kameron Sand Holdingford 37-6.5 -1.6
- 12 Braeden Rood Rush City 37-6.5 -0.6
- 13 Jonathon Carl Maple Lake 37-0 -1.6
- 14 Jaxon Knott Howard Lake-Waverly-Wins 36-9.75 -0.2
- 15 Tucker Johnsen Pine City 36-2.25 0.3

Boys Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind

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